

HOW TO STAY SAFE IN COLLEGE

A Contra Costa NOW Toolkit

7 Simple Tips:

1. Save campus police number to cell phone
2. Share class schedule and important phone numbers with roommate
3. For late nights, travel in numbers or use the night shuttle
4. If alone, stay alert while walking around campus
5. Guard and prepare own drinks at parties
6. Always keep phone charged or bring a portable charger
7. Carry a personal alarm and small can of pepper spray* on keychain (*if state laws allow)